



## Lunchtime Pub Grub

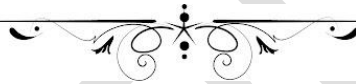
- Cheese & Tomato Chutney Ciabatta £10  
Prawn & Marie-Rose Ciabatta £10  
Gammon & Grain Mustard Mayo Ciabatta £10  
Pulled Pork & Coleslaw Wrap £10  
Breakfast (Sausage, Bacon, Egg) Bap £10  
Add chips for an extra £2



### Traditional Ploughman's £12

*With home cooked ham, cheddar, pickles, apple, chutney, and crusty bread*

Home Cooked Ham, Egg & Chips £14 <sup>Ⓞ</sup>



## Desserts

- |  |    |  |     |
|--|----|--|-----|
| <b>Banana Sticky Toffee Pudding</b><br><i>With Toffee Sauce &amp; Ice cream</i>  | £8 | <b>Stem Ginger Panacotta</b> <sup>Ⓞ</sup><br><i>With Red Wine Poached Pear</i>                                     | £8  |
| <b>Lemon Tart</b><br><i>With Clotted Cream</i>   | £8 | <b>Warm Chocolate Fondant</b><br><i>With Vanilla Ice cream</i>   | £8  |
| <b>Local Farmhouse</b> <sup>Ⓞ</sup><br><b>Dairy Ice Cream per scoop</b><br><i>Vanilla, Rum &amp; Raisin, or Honeycomb</i><br><b>Sorbets: Lemon or Passion Fruit (VG)</b> | £3 | <b>Cheese Board</b><br><i>Selection of 4 cheeses.</i><br><i>Served with apple, celery, crackers &amp; chutney.</i> | £11 |

## Beverages

- |                            |       |                      |       |
|----------------------------|-------|----------------------|-------|
| <b>Fresh Ground Coffee</b> | £3.25 | <b>Espresso</b>      | £2.70 |
| <b>Cappuccino / Latte</b>  | £3.75 | <b>Herb Tea</b>      | £2.75 |
| <b>Liqueur Coffee</b>      | £7.95 | <b>Breakfast Tea</b> | £2.50 |

*All ingredients that are in use in the kitchen are not necessarily listed on our menus.*

*If you have an allergy please ask a member of staff for advice.*

*Most of our food may contain traces of nuts.*

*Prices include VAT*

**Service not included.**



# Countryman Menu



## Starters & Light Bites

**Soup of the Day**  
*Served with warm crusty bread*

£7

**Baked Camembert (V)**  
*Cooked with pecans & honey, served with ciabatta breadsticks*

£8

**Selsey Crab Cocktail**  
*Bound in a stem ginger mayonnaise  
With crusty bread*

£9

**Seafood Salad (GF)**  
*Squid, Mussels & Prawns marinated in a lemon vinaigrette*

£9

**Garlic Bread**  
*Add cheese £.1*

£3

**Antipasti**  
*Sliced Chorizo, Salami, Serrano, stuffed peppers, Hummus, olives  
& Flat bread*

£9

**Warm Bread, Olives, Oil & Balsamic £4.50**  
*(Gluten Free Bread Available)*

## Countryman Main Course

**Pie of The Day (See Blackboard)**  
*In shortcrust pastry. Served with mashed potato and mixed vegetables*

£18

**Beer Battered Fish & Chips**  
*Local white fish from Newhaven & Shoreham  
Served with garden peas & tartar sauce*

£18

**Classic Beef Burger**  
*in a bun with salad, cheese, bacon, mayonnaise and relish,  
served with chips and homemade coleslaw*

£16

**Slow Cooked Pork Belly (GF)**  
*Served with bubble & squeak, jus & apple sauce*

£18

**Hutchings Rib Eye Steak (225g) (GF)**  
*Served with tomato, mushroom, chips or mash  
Sauces; peppercorn, red wine sauce or a chorizo & garlic butter*

£28

£3

**Butternut Squash Balti (V) (GF)**  
*Served with Rice, Poppadum & Mango Chutney*

£16

**Crispy Shredded Chilli Beef (GF)**  
*On a Rice noodle Salad, with toasted sesame seeds*

£18

**Creamy Crab, Chorizo & Sundried Tomato Pasta**  
*Served with garlic bread*

£20

**Locally Grown Mushroom Risotto (V)**  
*Finished with crumbled feta*

£16